



HOME/HEALTH SUPPORT SERVICES



WHO WE ARE

Reliable Home Care Agency is an in-home support service provider that assists individuals and families.

We are dedicated to helping our clients lead dignified and independent lifestyles in the comfort and safety of their own homes and communities.

SERVICES WE PROVIDE

Our services include, but are not limited to:

- ✓ Up to 24 Hour Care
- ✓ Day/Night, Weekends and Holidays
- ✓ Live-In/Live Out Care
- ✓ Temporary or Long Term Care
- ✓ Personal Assistance & Supportive Care
- ✓ Supervision/Sitting
- ✓ Home Maintenance
- ✓ Respite for Family Caregivers
- ✓ Nursing Services
- ✓ Safety & Welfare
- ✓ Care for Alzheimer's and Dementia Patients
- ✓ Information and Referral Services



Free in-home assessment helps us to understand better our client's lifestyle, personality, and expectations.

Examples of services include, but are not limited to:

- ✓ Companion and leisure support
- ✓ Transfer and ambulation
- ✓ Shopping, running errands, or transporting clients to carry out these activities
- ✓ Assisting with packing, moving and changing residence
- ✓ Assisting with mail, correspondence, and bills
- ✓ Routine housework including general cleaning and laundry
- ✓ Meal planning and preparation
- ✓ Pet & Plant care
- ✓ Other general maintenance
- ✓ Assisting with personal grooming needs
- ✓ Supervising or assisting with tub baths, showers, sponge baths, and bed baths
- ✓ Providing routine skin care such as moisturizing
- ✓ Assisting with dressing and undressing
- ✓ Assisting with mobilization activities, including turning, transferring, exercising and walking
- ✓ Assisting with toilet and/or commode needs
- ✓ Assisting with eating or feeding
- ✓ Supporting active range-of-motion activities
- ✓ Medication reminders

CONTACT US

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“My family and I want to thank Reliable Home Care attendants for the wonderful job they are doing taking care of my mother. I do not live in Winnipeg with my mom, but I know that she will be taken care of. Thanks! “

– Allison Johnson

When the need arises call us for help!

